



# Metoda™ Coaching skills

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## Communication skills at Christmas

Christmas and New Year is fast approaching and the festive season will soon be upon us! We will take a short break in our series exploring the eleven EMCC core competencies and the next issue will be published in January 2009.

For now, sit back and relax, it is time for a Christmas story.

### Once upon a time...

...there was a lark family living close to a field where a farmer was growing wheat. It was in the Summer and they were busy doing what most lark families do – they were looking for food, had singing parties, enjoyed life and sometimes just pottered around. They mostly had a good time and had enough food.

One day the farmer came by, he looked out over his field and said loudly: "Well, well, we have to wait, it is not ready yet".

All was good and well and no action was taken by the lark family – they continued to go about their business as usual, pottering around, singing, hopping about, looking for food and generally having a good time.

But a few days later the farmer came back and this time he was very agitated and shouted loudly:

"Aaarrgghhh, how come nothing never grows in this place"!

The youngest lark boy in the family overheard the farmer and got scared by the farmer's words. He flew to his mother and said:

"Mother, mother, is it true? Will nothing never grow in the field? What will we do, what will we do"?

But the lark mother who was a very cool lady said: "Well, dear, don't you worry! When people say *never*, it is seldom true but for that moment in time. You just relax and wait and you will see". The young lark boy was happy with that.

A few days later the farmer came back, he looked happy this time and picked a straw and nodded happily: "Well, well! I will go and fetch my tractor"! And off he went. When the cool lark mother heard those words she called out to her family and said: "Come on everyone we have to move NOW"!

Once they had found a new place to stay the oldest girl asked "how come you knew mother"?

"Well", her mother said with a smile, "when people say *I will fetch my tractor*, it means they have stopped to plan the planning, that is how I knew".

"OK", said her daughter and smiled back.

- T H E E N D -

Thanks for your support in 2008! Tell more fairytales in 2009.

Please note that our office is moving and as of January 2009 our new address will be:

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